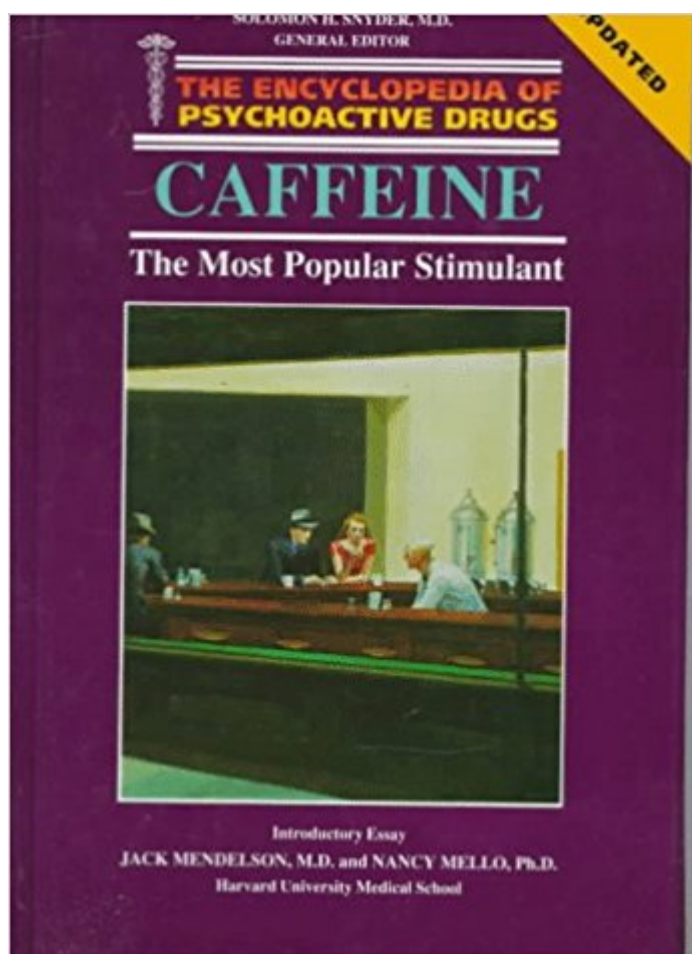


The book was found

Caffeine: The Most Popular Stimulant (Encyclopedia Of Psychoactive Drugs. Series 1)



Synopsis

-- An invaluable resource for schools and libraries-- The most comprehensive reference source on drugs ever published-- Written primarily by doctors and scientists-- Explores the impact of drug use -- and abuse -- on our culture, the workplace, the family, and the individual-- Each volume contains a directory of drug treatment agencies

Book Information

Series: Encyclopedia of Psychoactive Drugs. Series 1

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Best Sellers Rank: #4,529,840 in Books (See Top 100 in Books) #70 in Books > Children's Books > Growing Up & Facts of Life > Health > Substance Abuse #80 in Books > Health, Fitness & Dieting > Nutrition > Caffeine #3373 in Books > Reference > Encyclopedias & Subject Guides > Medical

Customer Reviews

This book provides a good look at the well known alerting agent, caffeine, which is a weak drug. There are other books which more closely look at the role of caffeine on paying attention, perhaps the most famous book being How to Cure Hyperactivity (ADHD)(1981) by Dr. Anita Uhl Brothers, M.D., of Berkeley, California and C. Thomas Wild which reports that caffeine compounds can temporarily reduce distractibility and increase attention span for a small subgroup of those with Attention Deficit Disorder, working better and with less side effects than Ritalin.

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